

# CALGARY RENOVATION SHOW

**JAN. 9-11**  
BMO CENTRE,  
STAMPEDE PARK



## See Kenny Brain

Host of *Life Is Messy*,  
coming soon to Home Network



# YOUR GUIDE TO #CRS26

## The show for every home.

Since the Calgary Renovation Show first opened its doors, I've watched Calgary's renovation, design, and DIY community grow into one of the most creative and inspiring in the country. Every year, our exhibitors and presenters raise the bar, and I'm confident you'll be impressed by the talent and ideas at this year's show.

We're excited to kick off 2026 with a weekend full of practical advice and fresh inspiration. The Sleep Country Main Stage—presented by Home Network and the Calgary Herald—returns with trusted insights from Home Network's Kenny Brain and DIY expert Leigh-Ann Allaire Perrault. They'll share tips to help you avoid common pitfalls, spark new ideas, and confidently tackle projects of any size.

If you're looking for personalized direction, visit *Ask a Designer: Design Dilemmas Solved*, where interior designer Brittany McNab offers quick, one-on-one consultations to help you refine your plans and move forward with clarity.

We're also thrilled to welcome back Paint With Purpose, curated by Rachel Lyon. This year's theme, *quiet maximalism*, celebrates joyful colour and expressive design, with vibrant artwork created by local artists in support of Kindred—an organization that provides accessible counselling and essential services in our community.

For hands-on learners, the DIY Training Centre is the perfect stop. Watch the pros demonstrate essential techniques, ask questions, and pick up helpful tips that can save time and money on your next project.

With over 200 exhibitors, exclusive show specials, and a full weekend of learning and inspiration, the Calgary Renovation Show is the perfect place to start your year. It's always an honour to welcome both familiar faces and new guests. Thank you for your continued support—we truly couldn't do this without you.

Sincerely,

Casey Matulic  
Show Manager  
Calgary Home Shows

## THE VITALS

### WHEN

Friday, Jan. 9, 2026 | 12-8pm  
Saturday, Jan. 10, 2026 | 10am – 8pm  
Sunday, Jan. 11, 2026 | 10am – 6pm

### WHERE

BMO Centre, Stampede Park  
1912 Flores Ladue Parade SE  
Calgary, AB  
T2G 2W1

Halls E & F

Show Office is Flex Room F

### HOW

Purchase tickets online:  
[www.calgaryrenovationshow.com](http://www.calgaryrenovationshow.com)

Adults (13+): \$13.00  
Seniors (60+): \$11.00  
Children (12 and under): Free  
After 4pm: Half-off Tickets (Fri/Sat Only)

**PURCHASE ONLINE & SAVE \$2**



/ CALGARYHOMESHOWS



/ @YYCHOMESHOWS

#CRS26 #CalgaryHomeShow

# MEET OUR EXPERTS



## Kenny Brain

**Television Personality | Carpenter**

Kenny Brain is a Canadian-born general contractor and carpenter proudly hailing from Grand Falls–Windsor, Newfoundland. Known for his warmth, humour, and “go big or go home” spirit, Kenny brings a mix of skill, creativity, and heart to every project he touches.

Before stepping into the renovation world, Kenny first caught the public's attention as a houseguest on Season 2 of Big Brother Canada, following a successful career as a fashion model. After helping friends renovate their home and cabin in his early twenties, he discovered a passion for transforming spaces that he simply couldn't let go. He earned his business degree, went to trade school to become a carpenter, and began carving out a thriving career in renovations.

Over the past decade, Kenny has skillfully transformed residential and commercial properties across Vancouver, Nashville, Toronto, and Calgary—earning a reputation for innovative design, functional mastery, and a renovation style that blends comfort, creativity, and character.

When he's not on the job site, Kenny spends his time outdoors with his dog, exploring the remote Canadian wilderness. Whether he's at his beloved cabin in the heart of Newfoundland or enjoying a rooftop terrace in Montreal, Kenny believes home is wherever there's creativity, music you can dance to, and big laughs.

Kenny co-hosts Making It Home with Kortney & Kenny, now streaming on STACKTV, and will appear alongside Kortney Wilson again in the new Canadian original series Life Is Messy, coming soon to Home Network

### **Presentation Topic: Making Your Home Weird Again**



@KennyBrain



/Kenny Brain

Catch Home Network's Kenny Brain on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 6pm and Saturday, January 10, at 1pm.



## Leigh-Ann Allaire Perrault

**DIY Expert**

Leigh-Ann Allaire Perrault is a TV personality, Colour and Design expert. Leigh-Ann has been sharing her hands-on approach to DIY and design and has gained attention for being unapologetically frugal without sacrificing quality and style. Along with being a regular contributor to various national print publications, her projects have been shared internationally. After spending 6 years as a professor of Colour Theory at Sheridan College, Leigh-Ann is now a sought-after speaker lecturing about colour, DIY, and interior design trends.

### **Presentation Topic: DIY Countdown - Leigh-Ann's Top 5 Bang-for-Your-Buck Projects**



@LeighAnnAllaire



/Leigh-Ann Allaire Perrault

[leighannndiy.com](http://leighannndiy.com)

Catch Leigh-Ann Allaire Perrault on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Saturday, January 10 at 5pm and Sunday, January 11 at 1pm.

# MEET OUR EXPERTS



## Jess Byers

**Owner, Lynn Designs and The Presentation Room**

Jess is the founder and visionary of Lyn Designs and The Presentation Room.

Through Lyn Designs, she creates high-quality 3D models, renderings, and immersive design presentations that bring projects to life. The Presentation Room extends that vision, a modern, high-tech space for creatives to present, collaborate, and impress clients with confidence. Together, they help design professionals turn ideas into experiences.

**Presentation Topic: Design in Motion - The Making of a Functional Kitchen**



@lyndesigns.s



/Lyn-Designs

[lyn-designs.com](http://lyn-designs.com)

Catch Jess Byers of Lyn Designs on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 5pm and Saturday, January 10, at 4pm.



## Emera Howden-Gareau

**CEO & Principal Designer, Modern Fox Interiors**

Emera brings bold creativity, a sharp eye for detail, and a deep passion for transforming spaces to every project she undertakes. As the founder and visionary behind Modern Fox Interiors, she excels in crafting bespoke interior solutions that are as functional as they are inspiring, with a mission to elevate lives through exceptional design.

Emera's journey into interior design is as dynamic as her work. With a foundation in Social Sciences specializing in Social Work, she began her career with a focus on understanding human behaviour and well-being.

However, her creative instincts called for a different outlet, leading her to pursue a transformative career shift into Interior Design. Over years of rigorous study and hands-on experience, including roles as a drafts person and head of a design department, she honed her skills, built her expertise, and solidified her reputation for excellence.

**Presentation Topic: Design in Motion - The Making of a Functional Kitchen**



@ModernFoxInteriors



/Modern Fox Interiors - Interior Design

[modernfoxinteriors.com](http://modernfoxinteriors.com)

Catch Emera Howden-Gareau of Modern Fox Interiors on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 5pm and Saturday, January 10, at 4pm.

# MEET OUR EXPERTS



## Griffin Simony & Josh Peill

**Founders, Shift Accessibility Contractors**

We started Shift Accessibility with a shared passion for helping others and using our skills to have a positive impact on our community. We are driven by the belief that everyone deserves a living space that not only accommodates their physical needs but also empowers and inspires them. Our commitment to accessible home design is a testament to our dedication to making a positive impact in the lives of individuals and families. Join us on this transformative journey and let's shape a future where every home incorporates universal and holistic design.

**Presentation Topic: Design in Motion - The Making of a Functional Kitchen**

 @ShiftProjects

 /SHIFT Accessibility Contractors

[shiftaccessibility.ca](https://shiftaccessibility.ca)

Catch Griffin + Josh of Shift Accessibility on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 5pm and Saturday, January 10, at 4pm.



## Melanie Higuchi & Heather Schmidt

**Owners, Functional Spaces**

Functional Spaces makes organization simple, achievable and enjoyable – one decision at a time.

We're here to tackle it together, all the way. Whether you're feeling overwhelmed by your belongings, navigating an inherited property, or embarking on a move, our tailored process will shift your space – and life – into newfound calm and intentionality. Time to reconnect with your sense of home and revitalize the moments you spend in it.

Organized living inspires freedom with a lasting impact – and you deserve it.

**Presentation Topic: Design in Motion - The Making of a Functional Kitchen**

 @FunctionalSpaces

 /Functional Spaces

[functionalspaces.ca](https://functionalspaces.ca)

Catch Melanie + Heather of Functional Spaces on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 5pm and Saturday, January 10, at 4pm.

# MEET OUR EXPERTS



## Tara Melhus

### Owner, Staged By Tara

With years of experience staging homes, I'm here to assist homeowners to stage their own homes easily and affordably, without the hassle and cost of renting staging items.

My resources and coaching methods empower homeowners to create market-ready spaces using the items they already own. I'm here to make spaces beautiful for selling or living! Follow along @stagedbytara.

### Presentation Topic: Luxury for Less, Thrifting Secrets Revealed

 @StagedByTara  /Staged By Tara [stagedbytara.com](https://stagedbytara.com)

Catch Tara Melhus of Staged by Tara on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 4pm and Sunday, January 11, at 3pm





## Megan Powell

### Brand Lead, Goodwill Industries of Alberta

Goodwill is all about giving items a second chance and helping people in our community. When you shop or donate, you support jobs for people with disabilities and keep reusable goods out of landfills. At the Home Show, we're here to show how thrifted finds can turn into beautiful, practical pieces for your home—saving money and the planet at the same time.

### Presentation Topic: Luxury for Less, Thrifting Secrets Revealed

 @GoodWill\_AB  /Goodwill Industries of Alberta [goodwill.ab.ca](https://goodwill.ab.ca)

Catch Megan Powell, Brand Lead at Goodwill, on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9, at 4pm and Sunday, January 11, at 3pm



# MEET OUR EXPERTS



## Neil Harding

**Sleep Country Canada**

Neil Harding has worked for Sleep Country Canada for many years. Neil is in charge of home shows, warehouse sales, and product knowledge training nationally. As a highly trained and experienced sleep expert, Neil has helped thousands of Canadians get a better night's sleep!

**Presentation Topic: Let's Talk About Sleep!**

Catch Neil Harding of Sleep Country Canada on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9 at 2pm, Saturday, January 10 at 12pm, and Sunday, January 11 at 2pm.



## Christian Pritchard

**Executive Chef, Aurora Importing**

Christian Pritchard is Aurora Importing's Executive Chef. Who would have thought this Canadian Dude from The Beaches would oversee the country's largest Italian importer? Christian's passion for Italian food has brought him all over Italy and has enabled him to work with many iconic brands. The media world already knows him through hundreds of TV appearances in Canada, the US, and Europe. Listeners to 94.9 The Rock will recognize his voice from his twice-weekly cooking segments. #givrfresh

**Presentation Topic: Cooking Italy**



@TheBSChef

[auroraimporting.com](http://auroraimporting.com)

Catch Christian Pritchard of Aurora Importing on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Friday, January 9 at 3pm, Saturday, January 10 at 3pm and again at 6pm, and Sunday, January 11 at 11am.

# MEET OUR EXPERTS



## Cindy Eberth

**Co-Chair - ARK (Accessibility Renovations for Kids)**

Cindy Eberth is Co-Chair of ARK (Accessibility Renovations for Kids) a local charity that provides free accessibility home renovations for families with children who struggle to simply move around their own home.

A 100% volunteer-run charity, ARK is proud to have completed renovations for more than 20 local children in the last 8 years.

Cindy is an entrepreneur and marketer with a passion for events. She also runs a premium wedding cake bakery called Chartier YYC.

**Presentation Topic: Reshaping Their World: Making Homes Accessible for Kids**



@ArkCalgary

[arksociety.ca](http://arksociety.ca)

Catch Cindy Eberth of ARK Calgary on the Sleep Country Main Stage, presented by Home Network, the Calgary Herald, and Flavour Network, designed by Modern Fox Interiors + Lyn Designs, on Sunday, January 11, at 12pm.

# MEET OUR FEATURE DESIGNERS



## Brittany McNab

**Designer - Ask a Designer: Design Dilemmas Solved Feature**  
**Founder, Fifteen Twelve Home Co.**

Hi, I'm Brittany McNab— an Interior Stylist and Designer here in Calgary, AB, who is passionate about a home that feels timeless and functional to the people who live in it. I help my clients find their unique style, and curate spaces for them that feel like extensions of themselves.

I strive to create spaces for my clients that make them feel comfortable, relaxed, and truly at home in every sense of the word.

This passion for helping others stems from a love of all things home, of creativity, and a knack for taking on challenging spaces, large and small. Because of this passion, I offer both in-person and virtual design services to help my clients' dreams of home come true, making my services available to clients with a variety of budgets.



@FifteenTwelveHome



/Fifteen Twelve Home Co.

[fifteentwelvehomeco.com](https://fifteentwelvehomeco.com)

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## Designers of The Sleep Country Main Stage and The Lounge



## Emera Howden-Gareau

**CEO & Principal Designer, Modern Fox Interiors**

Emera Howden-Gareau is the founder and principal designer of Modern Fox Interiors, an award-winning Calgary-based design studio known for bold ideas, fearless creativity, and human-centered spaces that leave a lasting impact. Her work blends elevated aesthetics with everyday functionality, crafting interiors that feel as good as they look.



## Jess Byers

**Designer + Owner of Lyn Designs**

Jess Byers is an experiential design specialist and the founder of LYN Designs, a creative studio dedicated to supporting interior designers with elevated visual presentation tools. Jess collaborates closely with design professionals to bring their visions to life through custom 3D renderings and high-impact visuals.



# MEET OUR FEATURE DESIGNERS

Designer of the Polished Powder Rooms Feature



## Britt Bengoechea

**CEO & Principal Designer, Reunion Interiors**

Britt Bengoechea, owner and principal designer of Reunion Interiors, is known for creating timeless, lived-in spaces rooted in colour, character, and intentional design. Her work blends European warmth, vintage inspiration, and thoughtful functionality—an approach reflected in her own home renovation. As the featured designer of the *Polished Powder Rooms* showcase at the 2026 Calgary Renovation Show, Britt brings her full powder room concept to life through an elevated feature space, highlighting locally sourced paint, tile, hardware, and textiles. With a passion for quality finishes, mixed metals, and spaces that evolve with meaning, Britt believes the best homes are built intentionally—one thoughtful detail at a time.

 @ReunionInteriors

 /Reunion Interiors

[reunioninteriors.com](https://reunioninteriors.com)

# MEET OUR EMCEE




## Alyssa Briggs McMasters

**Owner of Let Me Introduce Yourself**

With a clear mission to cultivate inner confidence, Alyssa guides individuals on a transformative journey of self-discovery and empowerment. By embracing authenticity and shedding societal conditioning, her coaching aims to align mind and body, fostering genuine self-belief. Through compassionate conversations, actionable strategies, and unwavering accountability, she supports clients in various aspects of life, from boosting workplace confidence to navigating relationships. Rooted in neutrality, her approach acknowledges insecurities while empowering individuals to reclaim control and make decisions aligned with their values. Drawing from a background in sales, marketing, tech and personal experiences as a woman and mother, Alyssa provides a relatable and understanding perspective to guide clients on their journey towards confidence and self-love. With a track record of empowering over 5,000 women and facilitating impactful workshops, she is committed to helping individuals find and nurture their inner confidence, one step at a time.

 @AlyssaSMcMasters

 /Alyssa McMasters

[letmeintroduceyourself.com](https://letmeintroduceyourself.com)

# About Calgary Renovation Show

Kick off the new year with a weekend full of inspiration at the Calgary Renovation Show, returning January 9–11, 2026, at the BMO Centre, Stampede Park. Whether you're planning a full home remodel, tackling a DIY upgrade, or simply looking to refresh your space, you'll find expert advice and creative ideas to bring your vision to life. Gain valuable insights from Kenny Brain from Life Is Messy, coming soon to Home Network, and discover professional design tips from DIY expert Leigh-Ann Allaire Perrault. With over 200 local exhibitors, you'll explore the latest design trends, exclusive show specials, and innovative solutions to help you transform every corner of your home. Make 2026 the year you turn your renovation dreams into reality!

## CALGARY RENOVATION SHOW

# REAL INSPIRATION

## The Sleep Country Main Stage

Presented by Home Network, Calgary Herald, and Flavour Network, designed by Modern Fox Interiors, Lyn Designs and Shift Projects

Curious about the renovation industry's best-kept secrets? Looking for expert advice on bringing your home projects to life? Whether you're tackling big renovations or small weekend projects, you'll find tips and inspiration from an all-star lineup of experts when you visit the Sleep Country Main Stage! Catch Home Network's Kenny Brain and DIY Expert Leigh-Ann Allaire Perrault as they share insider tips, expert insights, and creative ideas to help you nail every home improvement project with confidence. Plus, don't miss the Cooking Stage, presented by Flavour Network, featuring live demos from talented chefs serving up culinary inspiration to elevate your kitchen skills. Get ready to roll up your sleeves, find inspiration, and tackle your next home project like a pro!



## DIY Training Center

Presented by DIY Training Center

Ready to take your DIY skills to the next level? The DIY Training Centre is here to help! Stop by the DIY Training Centre to watch the pros in action, ask questions, and pick up valuable tips that can save you time and money. Whether you're a total beginner or just want to sharpen your skills, this is the place to get inspired and gain the confidence you need to handle projects on your own. Don't miss this chance to learn from the experts!



## Ask a Designer: Design Dilemmas Solved

Designed by Fifteen Twelve Home Co.

Have a renovation or design question that's been keeping you stuck? Take a seat at Ask a Designer: Design Dilemmas Solved — a sit-down booth experience at the Calgary Renovation Show with interior designer Brittany McNab. In this mini consultation, Brittany helps you talk through your ideas, avoid costly mistakes, and find practical ways to make your home work beautifully for you. There's no one-size-fits-all advice here — just real, personalized design guidance to help you move forward with confidence.



## Paint With Purpose

Curated by Rachel Lyon

This January, we're embracing "quiet maximalism"—a celebration of bold colour, playful pattern, and expressive design that still feels grounded and harmonious. Paint with Purpose will feature lively art + design created by local artists that sparks joy and brings personality into every corner of your home. Think vibrant prints, unexpected textures, and pieces that make you smile every time you see them. This art-filled feature will support the local organization Kindred, who provides accessible counselling and services for Calgarians experiencing vulnerabilities. Come learn about this amazing organization, shop some local art, and see how a happy home can be both full of life and beautifully balanced.



# REAL INSPIRATION

# CALGARY RENOVATION SHOW

## The Lounge

Designed by Modern Fox Interiors + Lyn Designs

Step into the Nordic Nook at this year's Reno Show—a modern retreat with a winter wonderland twist. This cozy, inviting lounge is designed to offer the perfect place to relax and recharge. Modern Fox + Lyn Designs returns this year with their signature style and an emphasis on accessibility, blending thoughtful design, mixed textures, and clean lines to create a space that is inclusive and effortlessly cool.



## Help Desk

Need help finding a booth? Curious if there's a specific exhibitor at the show? Visit the Help Desk by the entrance in Hall E! One of our friendly, helpful volunteers can steer you in the right direction.

A little about our Volunteer Partner:

Our Mission: Empowering youth to find and build their communities.

Our Vision: All youth participate in shaping a vibrant community.

We empower youth to build community through a wide range of leadership and volunteer opportunities. Each year, we engage over 2,200 youth in Calgary, aged 12 – 18, through events and programs that build confidence, social connections, and essential life and leadership skills.

We know that when young people are encouraged to participate in their communities, they not only make an immediate impact but also build resilience for the future. Our programs prepare the next generation of community leaders for tomorrow's challenges, enhancing employability and protecting mental health while supporting the work of over 100 community partners.



## Polished Powder Rooms

Designed by Reunion Interiors

*Polished Powder Rooms* brings together four talented local YYC designers—including Britt Bengoechea of Reunion Interiors—who will bring her full powder room design to life through this curated feature space at the show. Each designer will showcase their concepts through elevated pin boards, presenting a one-of-a-kind powder room vision inspired by local suppliers exhibiting this year. The mood boards will showcase locally sourced paint, tile, hardware, fabric, and more. Simply scan the QR code on each pinboard for instant access to every featured product and sample, turning inspiration into a ready-to-shop design plan for your own space!

## Made in YYC

Looking for that handmade touch but not the best at doing it yourself? We get it - some DIYs are best left to the experts! Pop-by Made in YYC to shop unique handcrafted items and a diverse offering of items from local artisans. From unique home accents to one-of-a-kind artwork, this feature is a must-see for finding that perfect piece that will infuse your space with style, personality, and the unmistakable touch of local creativity.

