

CALGARY
HOME
+GARDEN
SHOW

BMO CENTRE
STAMPEDE PARK
FEBRUARY 23-26

Avoid the Guesswork. Meet the Experts.

YOUR GUIDE TO #CHGS23

Local experts ready to help with your next project

Don't let the snow fool you; the warmer days ushered in by spring weather are just around the corner. As we prepare for fresh blooms and green grass, the Calgary Home + Garden Show is the perfect place for homeowners to gather inspiration for their indoor and outdoor living spaces. This year's show is stacked with design, DIY and garden talent, with hundreds of exhibitors and special guest speakers on hand to share expert advice for creating more beautiful and harmonious homes in 2023.

The Sleep Country Home + Garden Main Stage has some of the industry's most creative and dynamic minds working today. Guests looking to tackle a home improvement project this year will be guided through the highs and lows—and unexpected learnings—of the process by Randy Spracklin, host of HGTV Canada's *Rock Solid Builds*. For the aspiring green thumbs, Emma Terrell, also known as The Urban Botanist, will share sage advice on how to breathe life into any space with unconventional and modern arrangements of plants and greenery. And if your 2023 resolution was to get organized, Megan Golightly will help you simplify and streamline your home with clever organizational and tidying tips.

Spring is the season for rejuvenation and fresh ideas, and there is no better place to start your journey than the Calgary Home + Garden Show. Whether you want to knock down walls or install a beautiful patio oasis, there is no shortage of options available to help you dream big. Come get inspired by a return to nature at **The Last Resort**, a rustic micro cabin complete with beautiful tablescapes, or find your inner do-it-yourself superstar at **Bailey@Home's Doable DIYs**. Every great project starts with one small idea, and we can't wait to help spark yours.

Sincerely,

Casey Matulic
Show Manager

THE VITALS

WHEN

Thursday February 23 | 12-9pm
Friday February 24 | 12pm – 9pm
Saturday February 25 | 10am – 9pm
Sunday February 26 | 10am – 6pm

WHERE

BMO Centre, Stampede Park
20 Roundup Way SE
Calgary, AB T2G 2W1

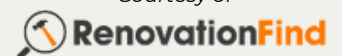
HOW

Purchase tickets online:
www.calgaryhgs.com

Adults (13+): \$16.00
Seniors (60+): \$11.00
HALF DAY Adults (13+): \$10.00
(after 4PM)
Children (12 and under): Free

PURCHASE ONLINE & SAVE \$2

Courtesy of



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@YYCHOMESHOWS

MEET OUR EXPERTS




Randy Spracklin

HGTV Canada Celebrity Contractor

Randy Spracklin is a third-generation builder, co-owner of Newfound Builders Ltd, and stars in the HGTV Canada series *Rock Solid Builds*. He took over the family business in 2008 and grew it into a major player in the industry. Brigus is where he grew up and now it's where he and his partner are raising their two kids. It's not uncommon for his kids to check in on him while he's at work, and who knows, maybe they'll be next to take over the business. This Newfoundlander is serious about his work, but he can also be a prankster and knows it's important to have a laugh at work. If you ever get a chance to visit Brigus, there's a lot of catty stuff to see and do, so take in the scenery, check out the shop, and have a yarn, because everything's mint!

Show Topic: Living and building in Newfoundland - The good, The bad, and the 'Tangly'

@randyspracklin
@new_found_builders
@newfound_woodshop_brigus

 RandySpracklin
Newfound Builders Ltd
Newfound Woodshop

www.newfoundbuilders.com

Catch Randy Spracklin at The Calgary Home + Garden Show on The Sleep Country Home + Garden Stage presented by HGTV Canada & Calgary Herald on Friday, February 24 at 6pm and Saturday, February 25 at 1pm.






Megan Golightly

Professional Organizer presented by Woodridge Ford Lincoln

When your life is simplified and decluttered, you can enjoy the small moments. Megan Golightly loves what she does and has been doing it for 14 years. She has a passion for problem solving, organizing projects big and small, and working with families to see their homes and lives transformed. Her goal is to help you feel at ease in your home and eliminate the negative feelings you may have about your clutter. It's often hard work but worth it! Megan holds a degree in Psychology and on-going study in Neuroscience peaked her curiosity on how the brain works in relation to the spaces in our homes. It's unhealthy to have nagging critical thoughts about the state of our homes. Whether or not we believe these words, our subconscious mind does.

Deciding how and where to start can be paralyzing. Megan can help motivate, inspire and uncover the psychology of organizing. You can find Simplified's Instagram account full of tips, tricks, how-tos, before and afters and more!

Show Topic: The Cost of Clutter and How to Effectively Deal With It : A Perspective Shift

 @CoSimplified  Simplified Canada  @CoSimplified www.go-simplified.com

Catch Megan Golightly at The Calgary Home + Garden Show on The Sleep Country Home + Garden Stage presented by HGTV Canada & Calgary Herald on Thursday February 23 at 3pm, Saturday February 25 at 6pm and Sunday February 26 at 1pm.

MEET OUR EXPERTS



Emma Terrell



The Urban Botanist

Emma Terrell is The Urban Botanist! Born and based in Ottawa, Canada, Emma created to this unique online brand and experience to reconnect people with nature. She believes in the benefits of interacting with nature and working to change interior spaces, lifestyle, mentality, and health! She has spent the past 6 years as an international speaker, offering workshops on plant care, pausing with plants, terrarium workshops, and so much more. She designs, fabricates and installs VERTICAL GREEN WALLS....the latest trend in the interior biophilic design world being moss walls. Check her out on her social media pages with over 50K followers and 2 million views to learn more about The Urban Botanist, and how you can get excited about engaging with nature. You can also see her speak live on

stage with a fresh perspective to the hobby of horticulture. Emma's science-based background and creative approach works to inspire people to interact with nature in an urban setting. With thoughtful practice, gardening, workshops and demonstrations, she hopes to inspire and educate plant parents around the world!

Show Topic: "The Power of Plants"

How to easily and effortlessly transform your space into an urban jungle with The Urban Botanist! Emma demystifies the world of indoor house plant horticulture, and teaches people how easy and fulfilling this hobby can be. She'll also be shining a light on a new interior design element that is growing in popularity: Moss Walls - what are they and how do they work? Lastly, she will also be talking about her adventures with praying mantises, poison arrow dart frogs, sea turtles and more.

 @theurbanbotanist  theurbanbotanist www.theurbanbotanist.ca

Catch Emma Terrell at The Calgary Home + Garden Show on The Sleep Country Home + Garden Stage presented by HGTV Canada & Calgary Herald on Thursday February 23 at 6pm and Friday February 24 at 1pm.






Leigh-Ann Allaire Perrault

Design and DIY Expert

As a colour and design enthusiast, Leigh-Ann has spent years perfecting her philosophy for design. Believing that great style isn't determined by how much money you spend, Leigh-Ann genially creates designs that fuses ingenuity, whimsy, and quality workmanship—all on a "frugalista budget". Among being a DIY doyenne and a lifestyle expert, Leigh-Ann has been sharing her vast knowledge as a regular contributor on Cityline and has been a spokesperson for Rust-Oleum Canada for nearly a decade.

Presentation Topic: Catch Me Curbside

Calling all thrifters, treasure hunters, and furniture flippers! Join Leigh-Ann for a fun chat about her "curbside boutique" shopping adventures and learn how she rescues second-hand finds destined for the landfill and transforms them into DIY custom creations.

 @leighannallaire  Leigh-Ann Allaire Perrault  @LeighAnnAllaire huelala.com

Catch Leigh-Ann Allaire Perrault at The Calgary Home + Garden Show on The Sleep Country Home + Garden Stage presented by HGTV Canada & Calgary Herald on Thursday February 23 at 4pm and Friday February 24 at 5pm.

MEET OUR EXPERTS







Christina Dennis

The DIY Mommy

Christina Dennis is an expert renovator and DIY enthusiast. With nearly 1.2 million followers on YouTube, Instagram and Pinterest, Christina has a unique ability to connect with those looking to update their home and lives on a budget, with magazine worthy results. She loves to create craft and décor ideas on a budget, has restored two family vacation trailers and most recently completed the renovation of their family lake home - and has inspired millions along the way. If you like colour, enjoy learning how to make things, and have a penchant for farmhouse style with an eclectic twist, you'll love following the creative tutorials and inspirational decorating ideas on Christina's blog and YouTube channel.

Presentation Topic: 10 Tricks to Make Your Small Space Feel Bigger

 @theDIYMommy  The DIY Mommy  The DIY Mommy  The DIY Mommy www.thediymommy.com

Catch Christina Dennis at The Calgary Home + Garden Show on The Sleep Country Home + Garden Stage presented by HGTV Canada & Calgary Herald on Saturday February 25 at 3pm and Sunday February 26 at 3pm.

About Calgary Home + Garden Show

The Calgary Home + Garden Show is your one-stop shop to get the advice you need to tackle any home improvement project – inside or out! Join us February 23 – February 26, 2023 at the BMO Centre, Stampede Park and meet with expert guests like HGTV Canada's Randy Spracklin from *Rock Solid Builds* for practical advice and inspiration for any renovation project! Plus with over 600 exhibitors, find great deals, new ideas, and inspiration for all your home and garden projects.

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REAL INSPIRATION

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The Sleep Country Home + Garden Stage

Sponsored by Sleep Country

Presented by HGTV Canada & Calgary Herald

Designed by Fifteen Twelve Home Co.

A stellar lineup of pros are here to help up your home and garden game just in time for spring! Get expert advice straight from the industry's top designers, landscapers and home improvement professionals on the Sleep Country Main Stage. Check out incredible presenters including HGTV Canada's Randy Spracklin from Rock Solid Builds and The Urban Botanist, Emma Terrell, as they join a lineup of local experts ready to help Calgarians tackle any project this season – inside or out.



The Last Resort

Presented by Forest Trek Woodwork

Designed by Turquoise Chair & Metro Element

We are bringing natural beauty home. Breathe in this forest-inspired micro cabin complete with sprawling tablescapes fit for any adventure. Organic elements like moss and bark intertwine with delicate decor to emphasize the simplicity and softness of life outside the city and celebrate the moments that draw us together. If you're looking for your next trip away from the hustle and bustle, this resort will be your first - and only - choice.



SiteOne Landscape Supply presents BACKYARD WARS

The white picket fences are coming down! The "steaks" are higher in this friendly neighbourhood competition: Backyard Wars. Local exhibitors will be using their design genius to battle it out for a \$1000 cash prize or free booth space at the 2024 Home + Garden Show! You can help sway the judges, vote for your favourite backyard design to help crown the best space at the Backyard Wars Competition. After all...a little competition never hurt!

Presented by:



Participants:



Bailey@Homes' Doable DIYs

Presented by Bailey Powell

Ever see a DIY expert's Instagram and wonder, "how do they do it?" Wonder no more! Stop by Bailey@Home's Doable DIYs and explore the projects by Bailey that have inspired hundreds of thousands of followers to tackle their own attainable projects. Whether you're trying to get the trendy wall moulding look on a budget, looking for hacks to make your builder-ready home look more custom, or are interested in the latest techniques in the do-it-yourself realm, this feature is the place to get the tips, tricks and inspiration to roll up your own sleeves and finally finish the projects you've been pinning!



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(Pic) Me

Get ready for your close-up! These unique and Instagrammable vignettes feature colour, texture and odd-ball design elements to take your selfies from safe to stunning. Designed by some of the city's most wild-card minds, these spaces will have you reaching for your phone ASAP! Grab your bestie, get snapping and watch those likes and views roll in.

Designed by:

Grasslands
Flower Co

forage
+ design

PARTNER
WITH SARAH

The Revolve Lounge

Presented by Revolve Furnishings

Grab a glass and 'sip' back and relax in The Lounge. Rest those weary feet after visiting your favourite exhibitors and take a minute to soak in all the inspiration for your next home renovation project. The Lounge is the perfect place for a little pick-me-up to keep your creative juices flowing and your body energized!



The Watermark Shop

Creating a space that reflects your personality takes patience, love, and few rare finds. From décor essentials to stylish home goods, stop by The Watermark Shop to find the perfect additions that will be sure to make your house feel like a home.

watermark

The Greener Side

Presented by DYP Refillery

Sustainable living isn't just a trend – it's a lifestyle! If you're wanting to try your hand at conscious living stop by DYP Refillery to learn more about how simple it can be to live greener and more environmentally friendly from household items, to travel necessities and home décor, you can shop minimal waste products that are recyclable, compost friendly or refillable. They're here to help you "Do Your Part" to help create a brighter planet and future for everyone!



Help Desk

Having trouble deciding whether to do your next project yourself or are you afraid of DIY disaster? Get the most out of your visit with a trip to the Help Desk at the Hall E entrance to point you in the right direction to make your vision boards come to life.

Whether you're navigating floor-to-ceiling tiling or debating an open floor concept, our experts are here to help your next home project become a success!