



YOUR GUIDE TO #CFHS23

The show for every home.

As the excitement of fall approaches, we are thrilled to be back for the 2023 Calgary Fall Home Show – the ultimate hub for all things home design, decor, renovation, and more! It's the show for every home and where inspiration, creativity, and endless possibilities unite.

If you've been daydreaming about updating your living space, you're in for a treat - stop by the Sleep Country Main Stage presented by HGTV Canada and the Calgary Herald to learn from top industry professionals including HGTV Canada's Bryan Baeumler, and expert organizer Megan Golightly of Go Simplified. Plus, we've got the features that'll inspire any project you may be working on. Camping Couture promises a perfect fusion of outdoor adventure and interior style, and if you're a DIY enthusiast, DIY Home Design by Lemon Thistle will be full of creativity, offering hands-on experiences that will help you turn your vision into reality.

If you've been looking for that perfect missing piece for your home, say hello to the brand-new Tangled Tree Markets Pop Up and the Curate Vintage Market. Here, you'll find an eclectic array of pieces that are bound to steal your heart and elevate your living space. Whether you're on the hunt for that statement decor item or a quirky kitchenware piece, these popups are where you need to be!

With over 200 exhibitors, the Calgary Fall Home Show is your one-stop destination to gather fresh ideas, explore innovative trends, and discover the latest in home renovations. Whether you're looking to update one room or embark on a full-scale home makeover, we've got you covered. We can't wait to see you there!

Sincerely,

Casey Matulic
Show Manager
Calgary Home Shows

THE VITALS

WHEN

Friday, September 29 | 12pm-9pm
Saturday, September 30 | 10am – 9pm
Sunday, October 1 | 10am – 6pm

WHERE

BMO Centre, Stampede Park
20 Roundup Way SE
Calgary, AB T2G 2W1

Show Office is located outside
of Hall F

HOW

Purchase tickets online:
www.calgaryfallhomeshow.com

Adults (13+): \$12.00
Seniors (60+): \$10.00
Children (12 and under): Free
After 4pm: \$6.00

PURCHASE ONLINE & SAVE \$2

Courtesy of



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 @YYCHOMESHOWS

MEET OUR EXPERTS



Bryan Baeumler

HGTV Canada Celebrity Contractor

Bryan doesn't believe he's put in an honest day's work unless he gets his hands dirty. A natural-born teacher, the Gemini-award winning host has been educating and entertaining viewers across Canada and the US since 2007 on the hit shows Disaster DIY, Canada's Handyman Challenge, Leave it to Bryan, House of Bryan, Bryan Inc. and most recently Renovation Resort. Coming soon to HGTV Canada is Bryan's All In, a 2-episode special event airing on Sunday October 8. Bryan's quick wit and easy-going personality have made him a huge hit with viewers on all of his home renovation shows.

Learning valuable tricks of the trade from his father, a meticulous aircraft engineer, Bryan spent his childhood summers building his family's cottage from the ground up. After earning a dual degree in Political Science and Business, Bryan was headed towards a career of practicing law. Realizing he'd rather be renovating than being chained to a desk, his innate passion for building took over and he traded in his tie for a tool belt and founded Baeumler Quality Construction.

A few kids and number of hit TV shows later, Bryan continues to tackle home renovation projects, be the spokesperson for numerous products and expand his growing businesses to include Baeumler Approved and Baeumler Custom Cabinetry. Having just wrapped up filming for Island of Bryan with wife Sarah, where viewers were able to watch them restore a small abandoned resort on South Andros Island in the Bahamas, Bryan will now take the lessons learned from Cauerela Mar Club and aim to help others in his new show, Bryan's All In. Watch the 2-episode special event Sunday October 8th on HGTV Canada. For more information about Bryan, visit bryanbaeumler.com.

Presentation Topic: Taking the guesswork out of home ownership. How to get there, and build real value

 @BryanBaeumler  Bryan Baeumler  @Bryan_Baeumler www.bryanbaeumler.com

Catch Bryan Baeumler on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Saturday, September 30 at 6pm and Sunday, October 1 at 1pm.



Megan Golightly

Professional Home Organizer

When your life is simplified and decluttered, you can enjoy the small moments. Megan Golightly loves what she does and has been doing it for 14 years. She has a passion for problem solving, organizing projects big and small, and working with families to see their homes and lives transformed. Her goal is to help you feel at ease in your home and eliminate the negative feelings you may have about your clutter. It's often hard work but worth it! Megan holds a degree in Psychology and on-going study in Neuroscience peaked her curiosity on how the brain works in relation to the spaces in our homes. It's unhealthy to have nagging critical thoughts about the state of our homes. Whether or not we believe these words, our subconscious mind does.

Deciding how and where to start can be paralyzing. Megan can help motivate, inspire and uncover the psychology of organizing. You can find Simplified's Instagram account full of tips, tricks, how-tos, before and afters and more!

Presentation Topic: Unlocking Freedom: Discovering the WHY behind your clutter & embracing letting go

 @GoSimplified  SimplifiedCanada www.go-simplified.com

Catch Megan Golightly on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Friday, September 29 at 5pm, Saturday, September 30 at 3pm and Sunday, October 1 at 4pm.

PLEASE CONTACT THE ADAMS AGENCY FOR ALL MEDIA REQUESTS: Vy Nguyen | vnguyen@theadamsagency.ca

MEET OUR EXPERTS



Colleen Pastoor

DIY Expert, Lemon Thistle Blog

Colleen is the DIY blogger behind Lemon Thistle blog and author behind DIY Backyard Games. She's known for her budget friendly DIY room makeovers and tutorials and her hand lettered designs. Here in Calgary, she's designed the Tux House AirBnBs.

You can find her hands-on DIY tutorials, home renovations, hand lettered designs, and projects to simplify your life... beautifully. If you enjoy modern home decor (that's totally cozy for your family!), saving money through DIY and simplified lifestyle- you'll love the tutorials Colleen shares on LemonThistle.com.

Presentation Topic: How To Plan A DIY Room Makeover

 @colleenpastoor  Lemon Thistle Blog  @colleenpastoor www.lemonthistle.com

Catch Colleen Pastoor on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Friday, September 29 at 4pm, Saturday, September 30 at 12pm and Sunday, October 1 at 11am.



Amanda Lwanga

Owner & Creative Director, Linger Design Studio

Amanda Lwanga is the Creative Director of Linger Design Studio with over 15 years in the design industry. Her background in environmental engineering, sustainable architecture and love of fine arts give her a unique perspective, allowing her to take on complex projects with a balance of creativity and practicality. Her work has been featured in several publications, including House and Home and Western Living Magazine, and she has been a guest expert on Cityline TV and CTV Edmonton. Amanda's design practice is known for creating elevated spaces that reduce the environmental impact, delighting homeowners and businesses across Canada.

Presentation Topic: Elevated Interiors: Drawing Inspiration from Sustainable Fashion

 @lingerdesignstudio  Linger Design Studio www.lingerdesignstudio.com

Catch Amanda Lwanga on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Friday, September 29 at 6pm, Saturday, September 30 at 5pm and Sunday, October 1 at 2pm.

MEET OUR EXPERTS



Stephen & Branden

The Visionary Husbands

Branden and Stephen are long-time Airbnb hosts and DIY lovers! Together, they own Visionary Properties Canada, a short-term rental property management business. Branden and Stephen have been Airbnb hosts since 2014 and have 653 reviews averaging at 5 stars! They own 3 Airbnb units and manage a number of other properties. Maintaining Super host status on Airbnb from the beginning is something they are extremely proud of.

Alongside their passion for short-term rentals, they love home design, DIY projects, and renovations! Many times, you will find them refinishing old furniture or redesigning spaces!

Presentation Topic: Everything Short Term Rentals

 @TheVisionaryHusbands

www.visionarypropertiescanada.ca

Catch The Visionary Husbands on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Saturday September 30 at 4pm, Sunday October 1 at 4pm



Tara Melhus

Home Staging Consultant, owner of Staged by Tara

Tara Melhus, the founder of Staged by Tara, a home staging consultation and training service, teaches homeowners how to stage their homes themselves, getting that "sold" sign up faster. With no inventory to sell or rent, Staged by Tara educates homeowners how to work with what they already have in their homes, and provides recommendations on which items to purchase to best showcase their homes (including where to buy).

For over five years, Tara has been providing home staging consultations to homeowners, realtors, and brokerages in Calgary and surrounding areas. She is an avid supporter of shopping small, shopping local, and shopping smart; and always goes the extra mile to repurpose, re-use, and find the best deal.

Presentation Topic: Stage to Sell - Why The Little Things Matter

 @StagedByTara

www.stagedbytara.com

Catch Tara Melhus on the Sleep Country Main Stage presented by HGTV Canada & the Calgary Herald on Friday, September 29 at 2pm, Saturday, September 30 at 1pm.

About Calgary Fall Home Show

It's time to nail your home improvement projects at the 2023 Calgary Fall Home Show! Say goodbye to DIY disasters and hello to real home advice from trusted local experts. With over 200 exhibitors, you'll find great deals and fresh ideas to paint your picture-perfect home. Plus meet industry professionals like HGTV Canada's Bryan Baeumler and more! This three-day show is packed full with industry insight that'll definitely measure up to your inspo-boards. Mark your calendar for September 29 – October 1st at the BMO Centre and get ready to hammer out those home projects!

REAL INSPIRATION

The Sleep Country Main Stage

**Sleep
Country**

Presented by HGTV Canada & the Calgary Herald
Designed by Linger Design

Have you been daydreaming about your next home improvement project? It's time to make your dream home a reality at the Sleep Country Main Stage presented by the Calgary Herald! This dream closet designed by Linger Design will have you inspired for any idea you may have - big or small! It's the place to get insider tips and trade secrets for top trends you need to know to create a Pinterest-worthy home including advice from television talent like HGTV's Bryan Baeumler. No more DIY nightmares here - let's make your dream home come true!



Opposites Attract

by Partner with Sarah

Conquer your design dilemmas with confidence and step into a world of design wonders with Opposites Attract designed by Partner with Sarah! Four distinct and popular design styles are expertly brought together to challenge your perceptions and ignite your creativity for any home project you may have. Let the magic of contrast inspire your inner designer and discover which style is the perfect fit for you!



Tangled Tree Markets Pop Up

Looking for the perfect handcrafted, artisan piece for you or your space but not sure where to get it? Plan to spend some time at the Tangled Tree Markets pop-up show to find dozens of locally made items. Whether it's on-trend home & garden décor, luxurious textiles, stunning wall art or hand-finished furniture – you'll find just the right thing with us. At the Tangled Tree Markets shop you can purchase your favourite items on the spot or ask about custom orders. Come and meet our artisans and connect with creativity this fall.

TANGLED TREE
Markets



Connect with Creativity!

DIY Home Designs

by Lemon Thistle

Step into the world of DIY Design, where beautiful, fun, and affordable home transformations come to life! Discover doable DIY projects created by Colleen Pastoor of Lemon Thistle, to help inspire any level of expertise. From beginner-friendly crafts to advanced undertakings, you'll find the perfect project to unleash your creativity, develop your own skills and add a personal touch to your space. Get ready to transform your home with stylish and budget-friendly DIY designs that will make your home a space you fall in love with!



REAL INSPIRATION

CALGARY
FALL
HOME
SHOW

BMO Centre,
Stampede Park
September 29
- October 1

Camping Couture

Presented by Lavish Canvas

Designed by White House on the Prairie Designs

Real campers will brave nature in any weather or season. Glampers? Well it's more of a vibe for them! Camping Couture is where outdoor enthusiasts and great taste unite. With lavish canvas tents, luxury bed sets and extravagant tablescapes, this outdoor set up will have you pining for more nights under the stars! It's all good in the woods here - time to tie up your boots, grab some bubbly and enjoy the great outdoors!



The Lounge

Presented by Revolve Furnishings

Need the energy to keep planning the home of your dreams? Revive your creative senses at The Lounge! Fuel your home improvement project with innovative ideas and delicious bites from some of YYC's favourite local eats. Here you'll find the time to kick back, relax and get the inspiration to kick back some character into your home!



Vintage Curate Market

by Topsy Palm

We invite you to shop one of the best vintage collections that Edmonton has to offer. The CURATE Vintage Market is an incredible vintage collection of distinctive found design objects and fashion items, pieces that you won't be able to leave behind and will have people asking 'where did you get that'!! Topsy Palm & friends are busy sourcing & curating to bring you an eclectic mix of unforgettable fashion and to die for decor. Featuring vintage & preloved clothing, accessories & home goods curated by Topsy Palm, Alexander & Rose and Blu Poppie Vintage.

